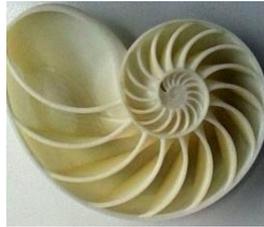


YACHTING RETREATS



www.YachtingRetreats.com

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Planning a Destination Retreat on a Yacht in the Caribbean

ACTION PLAN

If you are a teacher of a wisdom tradition such as yoga, a workshop leader, or therapist, this is an invitation and an action plan of how to share your wisdom and knowledge in a manner that is joyful, combining being on vacation and living life on purpose.

Destination retreats is one of the largest growing markets as so many of us are awakening to wanting meaning in life while also feeling the deepest expression of joy and play. Now is the time to integrate what was formerly done behind the sacred doors of an ashram, temple, church, or therapy setting and bring it to our daily lives. We are meant to be in the world and share this with others in ways that feed our souls.

Now that you have mastered sharing your wisdom with your tribe in one on one settings and classes, it is your time to now take it out in to the world and fully experience the benefits, alongside your tribe and have that vacation feeling from being in paradise on a yacht. You are a magnificent being with so much to offer. Planning this retreat on your own can feel daunting and I am here to make it happen with ease. Now is the time to jump in, knowing you have my support in the planning and logistics of arranging the perfect yacht and crew. I have your back every step of the way with planning, booking, assisting in fielding questions from your participants, and invoicing your participants prior to the experience. During your workshop your support crew of captain and chef will be attentive to your stated needs for taking care of downtime and playtime activities, sailing you to your next beautiful destinations for the day, preparing amazing snacks and meals, making signature cocktails or healthy beverages all with the perfect timing and flow for the experience you are offering. Your flow of activities for the day could include your teachings such as yoga on one of the many white sand beaches in the morning and perhaps satsang in the evenings for example. The rest of the time can be joyful and soulful down time for you and your tribe, enjoying the sailing, snorkeling, swimming with the turtles, hiking, quiet time, beach time, island exploring, kayaking, perhaps thrilling in tubing, and magical night life or pondering the stars. I can't think of a better way to be

fully present to the beauty of being alive. At days end, you can revel in stunning sunsets with 2 or 3 course dinners and perhaps that perfect complimentary glass of wine, or tea.



The yacht creates an intimate experience on your own floating island creating a bond and a closeness that would be difficult to duplicate in any other setting for your workshop.

The world is literally your oyster with so many beaches and jewel like islands to gather with your participants. Unlike other retreat destinations in one land-based location, the variety of islands, bays and beaches is awe inspiring.

I can assist you with financially structuring it so that your portion of the expenses on the yacht are covered by the participants in your retreat. This can be custom tailored to meet your financial needs allowing no boundaries between you and your ability to share this experience.

This may sound like a something you could only dream of, however it is quite doable financially and logistically. The plan is as follows:

1. You have the desire to do something fabulous that will feed your soul and those you love.
2. You gather your tribe. I will provide you with the email template for you to invite and share the information with your group. I will also schedule a phone conference for your group to promote it and answer any questions.
3. I find the perfect all-inclusive yacht in the Virgin Islands to match your dates, your budget, and the sensibility of your group.
4. We officially “book” the yacht with a 25% deposit as you continue to gather your group. This would be your financial commitment that you will receive back when the cost of the charter has been covered and received from your guests. Yachting Retreats does all of the invoicing to your members and having all members sign a contract of commitment. The invoicing will be done in stages. The first invoice is when they sign on (your participants will be charged 50% of their portion) and the second one (the final 50%) is 2 months prior to the charter/retreat.

5. All members are responsible for booking their own flights and transportation, however guidance can be provided for that. The fun begins on your ride to the airport.
6. Upon landing in St. Thomas, US Virgin Island, a shared taxi can seamlessly take you to your yacht.
7. Let the yachting retreat begin! Your yacht will sail you to the desired locations in the US and British Virgin Islands. I can share possible itineraries of what the islands have to offer. Remember your passports!
8. I am a support and liaison for any needs that may arise during the retreat experience.

Let's get started! Next is a phone conversation so that I can learn more about who you are, what you have to offer and how we move forward to make this a reality.

Contact me at adrienne@yachtingretreats.com or text me at 203-804-1209 or Whatsapp me at 1-203-804-1209 to schedule a phone conference time.

Respectfully Yours in Light and Love,
Adrienne Thomason